

BREAKFAST

K-12 MENU

JUNE 2026

SUMMER School

Monday



8

- WG Cereal 30g
- Graham Cracker 11g
- Fresh Fruit 25g

Tuesday



9

- Donut 23g
- Applesauce 17g
- Fruit Juice 20g

Wednesday



10

- WG Muffin 30g
- Cheez-it 14g
- Fresh Fruit 25g

Thursday



11

- WG Cereal Bar 30g
- Graham Cracker 11g
- Fresh Fruit 25g

Friday



15

- WG Cereal 30g
- Graham Cracker 11g
- Fresh Fruit 25g

16

- Donut 23g
- Applesauce 17g
- Fruit Juice 20g

17

- WG Muffin 30g
- Cheez-it 14g
- Fresh Fruit 25g

18

- WG Cereal Bar 30g
- Graham Cracker 11g
- Fresh Fruit 25g



22

- WG Cereal 30g
- Graham Cracker 11g
- Fresh Fruit 25g

23

- Donut 23g
- Applesauce 17g
- Fruit Juice 20g

24

- WG Muffin 30g
- Cheez-it 14g
- Fresh Fruit 25g

25

- WG Cereal Bar 30g
- Graham Cracker 11g
- Fresh Fruit 25g



29

- WG Cereal 30g
- Graham Cracker 11g
- Fresh Fruit 25g

30

- Donut 23g
- Applesauce 17g
- Fruit Juice 20g



Carb grams indicated in **ORANGE**. **HALAL OPTIONS OFFERED**
 Milk is offered with each meal: 1% White Milk 12g OR Fat Free Chocolate 24g
 USDA is an equal opportunity provider, employer, and lender.
 Menu is subject to change based on food availability or unforeseen school closures.

Fig's Café & Catering Services
 Contact: Melissa Bryant 614.747.0196