

Monday

Tuesday

Wednesday

Thursday

Friday



4

Hot Dog on WG Bun 3g
Fries 25g
Fruit Slushie 33g
Apple 22g

5

Chicken Nuggets 24g
WG Roll 12g
Vegetarian Baked Beans 30g
Applesauce 17g

6

Chicken Burrito with WG Tortilla 25g
Corn 19g
Mixed Fruit Cup 26g

7

WG Pizza Slice 23g
Mixed Green Salad 4g
Apple 18g

1

Chicken Gyro on a WG Pita 35g
Fries 33g
Mixed Fruit Cup 26g

11

BBQ Meatballs In a WG Bun 28g
Fries 33g
Fruit Cup 21g

12

Chicken Patty on a WG Bun 13g
Vegetarian Baked Beans 16g
Applesauce 30g
22g

13

Chicken Burrito with WG Tortilla 25g
Corn 19g
Mixed Fruit Cup 26g

14

WG Pizza Slice 23g
Mixed Green Salad 4g
Apple 18g

8

Johnny Marzetti 26.5g
WG Breadstick 24g
Broccoli 8g
Pear 25g

15

Spaghetti 28g
Corn Muffin 24g
Broccoli 8g
Fruit Cup 21g

18

Macaroni & Cheese 31g
Breadstick 16g
Broccoli 8g
Pear 25g

19

Sloppy Joe on WG Bun 32g
Vegetarian Baked Beans 30g
Applesauce 17g

20

Chicken Burrito with WG Tortilla 25g
Corn 19g
Mixed Fruit Cup 26g

21

WG Pizza Slice 23g
Mixed Green Salad 4g
Apple 18g

22

Chicken Drumstick 6g
WG Roll 12g
Spinach Salad 4g
Fruit Cup 22g



26

Chicken Nuggets 24g
WG Roll 12g
Broccoli 8g
Applesauce 17g

27

Chicken Burrito with WG Tortilla 25g
Corn 19g
Mixed Fruit Cup 26g

28

WG Pizza Slice 23g
Mixed Green Salad 4g
Apple 18g

29

LAST DAY OF SCHOOL!

Hot Dog on WG Bun 3g
Vegetarian Baked Beans 25g
Fruit Slushie 30g
22g

Menu reflects: Carb counts listed in **ORANGE**. **HALAL** or **KOSHER** only.
Fresh Carrots are offered DAILY
Milk is offered with each meal: 1% White Milk 12g OR Fat Free Chocolate 24g

****Grades 9-12** receive additional servings per USDA guidelines [e.g., 2 fruits].
USDA is an equal opportunity provider, employer, and lender.
Menu is subject to change based on food availability or unforeseen school closures.

Fig's Café & Catering Services
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