

Monday

Tuesday

Wednesday

Thursday

Friday

4

WG Cereal	30g
Graham Cracker	11g
Fresh Fruit	25g

5

Donut	23g
Applesauce	17g
Fruit Juice	20g

6

WG Muffin	30g
Cheez-it	14g
Fresh Fruit	25g

7

WG Cereal Bar	30g
Graham Cracker	11g
Fresh Fruit	25g

1

Bagel	33g
Applesauce	17g
Fruit Juice	20g

8

Bagel	33g
Applesauce	17g
Fruit Juice	20g

11

WG Cereal	30g
Graham Cracker	11g
Fresh Fruit	25g

12

Donut	23g
Applesauce	17g
Fruit Juice	20g

13

WG Muffin	30g
Cheez-it	14g
Fresh Fruit	25g

14

WG Cereal Bar	30g
Graham Cracker	11g
Fresh Fruit	25g

15

Bagel	33g
Applesauce	17g
Fruit Juice	20g

18

WG Cereal	30g
Graham Cracker	11g
Fresh Fruit	25g

19

Donut	23g
Applesauce	17g
Fruit Juice	20g

20

WG Muffin	30g
Cheez-it	14g
Fresh Fruit	25g

21

WG Cereal Bar	30g
Graham Cracker	11g
Fresh Fruit	25g

22

Bagel	33g
Applesauce	17g
Fruit Juice	20g



26

Donut	23g
Applesauce	17g
Fruit Juice	20g

27

WG Muffin	30g
Cheez-it	14g
Fresh Fruit	25g

28

WG Cereal Bar	30g
Graham Cracker	11g
Fresh Fruit	25g

LAST DAY OF SCHOOL 29

Bagel	33g
Applesauce	17g
Fruit Juice	20g

Carb grams indicated in **ORANGE**. **HALAL OPTIONS OFFERED**
 Milk is offered with each meal: 1% White Milk 12g OR Fat Free Chocolate 24g
 USDA is an equal opportunity provider, employer, and lender.
 Menu is subject to change based on food availability or unforeseen school closures.



Fig's Café & Catering Services
 Contact: Melissa Bryant 614.747.0196